

Pregnancy Journal

A WebQuest for 11-12th grade students enrolled in
the Child Development class

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INTRODUCTION:

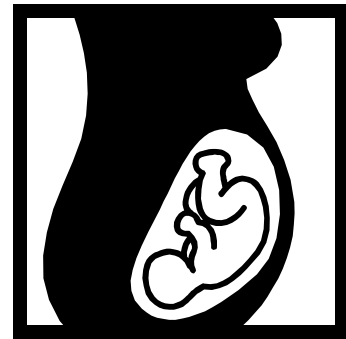
You will draw for your age and marital situation at the beginning of this exercise. Whether you are male or female, you will write in the 1st person. The information given to you will be dealing mainly with the female who is suspecting that she's pregnant for the 1st time. The male counterpart is mentioned and should be addressed from his perspective if you are a male student. You will be exploring the world of prenatal development complete with pictures, videos, descriptive passages, and your very own diary of the situation.



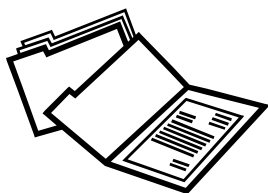
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THE TASK:

This is a 9 week assignment with each week representing a month of pregnancy. Each week you will print off the [blank journal page](#) found in this WebQuest. Using the information from the sites listed you will complete the journal noting physical, emotional, and psychological changes taking place in an average pregnancy.



The class period following the 9th week we will celebrate the conclusion of the assignment with a Baby Shower complete with food and gifts (bought by the F&CS dept. and to be donated back to the dept.) At the shower you will receive the final bits of important information: The sex of your baby and its vital statistics. You will be given a birth certificate to complete and include with your journal.



Your completed journal should be placed in a 3 holed folder with your name and class period on the outside and will be due 1 week from the shower date.

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THE PROCESS:

1. To start this journey you should first explore the following link:

- a. <http://www.justthefacts.org/clar.asp>

This site is an excellent source of specific information about prenatal development.

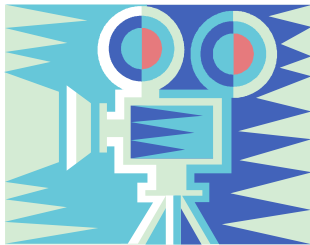


- b. Your 1st job is to click the tab marked “**Quiz**” at the bottom of the picture to see what you already know and to get your thoughts focused on the task at hand.



- c. Next click the link on the home page marked “**your first 9 months**” to view real photos of a and fetus during the 9 months of development.

marked “**your zygote, embryo,**



- d. Back on the home page view several (if not all) of the links, especially “Amazing Facts”, to get an idea of what is taking place during this time.



2. The next site that you should visit is:

- a. <http://www.dushkin.com/connectext/psy/ch03/fetus.mhtml>

- b. This link will show you 3 different pictures representing the 3 stages of development during prenatal development: Zygote, Embryo, and Fetus. The 1st picture is at the moment of conception creating the zygote, the 2nd picture is of a 6 week old embryo, and the 3rd picture is of a 4 ½ month old fetus.

- c. Keep these stages in mind when creating your journal entries, making references to the correct name of the stage.

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3. Last, but certainly not least, you should visit the following website for ongoing information throughout “your pregnancy”.
- a. <http://parenting.ivillage.com/>
 - b. Move the mouse pointer over the link marked “Pregnancy” from a list on the left side of the home page. This will reveal a few links that you will become acquainted with.
 - c. Begin by clicking “1st Trimester” to familiarize yourself with what happens in this stage.
 - i. Scroll down a bit and from the choices in  the center, click the article link “Am I Pregnant”. It will list 10 signs most common signs of pregnancy.
 - ii. These signs are explained on 4 pages.
 - d. During the course of the assignment you will refer back to the home page using different links such as “2nd Trimester” and “3rd Trimester.”
 - e. As you complete each journal page (1 month of the pregnancy) you should be referring to the “Week-by-Week Guide” which summarizes what is happening each week of the pregnancy. Use this information to write you journal entries about how you are feeling, what complications may arise, and what procedures are being done at your doctor visits. 

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THE EVALUATION:

Level ►	Poor	Mediocre	Satisfactory	Exemplary	TOTAL
Points ► Category ▼	≤10	11-15	16-20	21-25	
Timely Manner	Handing the project in 2 or more days late.	Handing the project in 1 day late.	Handing the project in after the class but still the same day.	Handing the project in before or during the class time it was due.	
Completed Project	The project is missing 3 or more pages of information.	The project is missing 2 pages or has 2 or more pages of missing bits of information	The project is missing bits of criteria on a page or is missing 1 whole page of information.	The project has all necessary pages & data included.	
Neatness/ Grammar	Project is not in a 3-holed folder OR is sloppily written, filled with grammatical & typographical errors and is smudged or stained throughout.	Project is in a 3-holed folder but has errors on half of the pages and/or smudges or stains on several pages.	Project is in a 3-holed folder, contains less than 5 grammatical or typographical errors and has no obvious smudges or stains.	Project is in a 3-holed folder, is neatly written or typed, is void of typographical or grammatical errors, and has no obvious smudges or stains.	
Content	Content is not based on any information found at the sites	Content is somewhat factual but mostly made up to fill space	Content is factual but not completely thorough based on the information available at the sites assigned.	Content is thorough and is based on factual information found at the sites assigned for the task.	
				TOTAL SCORE ▶▶▶▶▶▶	_____

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THE CONCLUSION:

By the end of this project you will have a better understanding of how pregnancy begins, what takes place physiologically, emotionally, and psychologically, and have a visual for each stage (and each week) of the pregnancy.

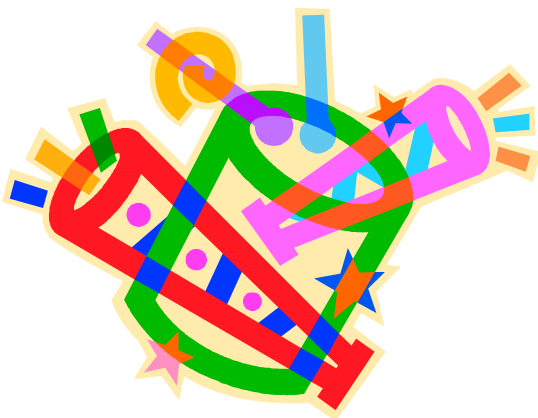


Congratulations.

This is a monumental accomplishment and you deserve to celebrate! Enjoy the party!

But first, ask yourselves this question:

Are you REALLY ready to be a parent?



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THE CREDITS:

All Graphic Clip art was provided by Microsoft Word Clip Art.

Resources used in this assignment are as follows:

1. <http://www.justthefacts.org/clar.asp>
2. <http://www.dushkin.com/connectext/psy/ch03/fetus.mhtml>
3. <http://parenting.ivillage.com/>



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