

2nd Month of Pregnancy

*****ALL SITUATIONS: In your journal reports, all of you will “call” to make a doctor appointment. (Obvious choices would be in Clinton, Sterling, and the Quad Cities.) Please name a legitimate OB/GYN, the practice where he/she is (name the practice and tell what city/state), and tell why you are doctoring with him/her. If this also singles out your choice of hospital to deliver then please indicate the name of the hospital and the city where it is. If you have a choice in hospitals, then list them – you will need to make your decision by the 6th month, and tell why you have chosen that particular hospital**

1. You are experiencing morning sickness – vomiting every morning (early). You’ve been able to make it to school almost everyday. You and your boyfriend have not made up your minds as to what you are going to do about this pregnancy and are considering ALL your options (please list them in your journal and write your own viewpoints about each.)
2. You are experiencing morning sickness – vomiting every evening at 8. Girlfriend is supportive. Family is surprised but figures you are an adult and since you were old enough to get yourself into this situation, you are old enough to figure out what to do. Boyfriend wants to get married but you really don’t know much about him so you are putting an engagement/marriage on hold for the moment but continue to see him. He suggests moving in together, but at this point, you say no.
3. You are feeling stressed out from your separation. You and your husband see each other or talk to each other every day. He is trying to work things out, but your emotions are not allowing you to think clearly. He wants to be a part of this pregnancy – you are going to try to do this alone, at least for the time being.
4. You are feeling great! No sickness what so ever. You are telling EVERYONE. Both sets of grandparents are thrilled! This will be the first grandchild on your side and just the third one (the other’s are nearly in their teens) on your husband’s side.
5. You are having light spotting, which is a concern of miscarrying. Ex-boyfriend is being a pest. You want him out of your life, and your child’s life (even though you are CERTAIN that he is the father.)
6. Sudden increase in appetite, which means you are on the verge of gaining too much weight so early in the pregnancy. You have not told your 4 year old yet.
7. You are concerned because of your 7 year old, but you keep telling yourself that everything is going to be all right. You are not telling anyone of the pregnancy – not until everything is confirmed and you decide what you are going to do. You have not totally ruled out ending the pregnancy, because of your fears, but that really does go against your true feelings about bringing another life into the world. You have a strong marriage, your husband is very supportive, and you are both very proud of the growth and accomplishments that your 7 year old has made. This plays a big factor in wanting this baby.
8. You are excited because you want to have children. You are also feeling great. You are not telling anyone, because the last time you told everyone right away when you had the results of the Home Pregnancy Test. When you miscarried, it seemed like you had been pregnant for a very long time, you had formed a bond with the infant

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growing inside you and it was a very emotional and trying time when you suffered the miscarriage (the physical part healed quickly, but the emotions are still raw.)

9. You are having fatigue. Your husband is not a great deal of help around the house, either with the housework, or with the children. He's very loving, just not much help! You have been working full time, but are now considering part-time or quitting and being a stay-at-home mom. This puts a bit of tension between you and your husband. Financially, it would be very tight – penny pinching, coupon clipping, and cutting out lots of extra activities for the family.
10. You are very excited because after trying for so long, you are finally going to have a baby. You have now told the adoption agency about the pregnancy and that you would like to continue with the procedure of adopting a Korean infant. They are meeting to decide what to do with your case. This puts some stress in your life – you are concerned that if something happens in this pregnancy AND you are taken off their list, you would have NO child – and you were within 4 months of receiving the adopted baby.
11. You are having very bad morning sickness – vomiting frequently, and you are having migraines. Your husband just realized the impact of having a child. He is rather upset with this unplanned pregnancy, so that is adding to your stress. You realize the great sacrifices needed to raise the child properly. You also know you are very young, you have not had the time alone with your husband to travel or just get to know each other. Your husband is talking of a trial separation – you want NOTHING to do with that! You need his support!
12. You are losing weight instead of gaining – already dropped 5 pound since you suspected that you were pregnant. It's probably due to the stress from your family situation, but it's something to be very concerned with since you were at the low end of the ideal weight chart for your height, bone structure, and age.
13. You are gaining weight very quickly. You were fairly active before the pregnancy but now find yourself very fatigued just walking up the stairs. Two of the older children are not taking the news of a little brother or sister very well. They have cut down on the number of phone calls and visits and it seems that every time you do talk with them they are rude and not sympathetic at all. Both of them believe strongly in abortion right and have encouraged you to strongly think about that as an alternative!!!
14. Your husband has started going out more with his guy friends, staying out much later than he ever used to. Money was tight before and now his is taking whatever extra there is and spending it on beer. Your parents are supportive but only in an emotional way. They do not have the financial means to help you out. They have offered to take you back in their home if you feel that you need to end your marriage – or just separate. This is not something that you want to do but certainly appreciate their concern. You and your husband have had some rough times before (you've known each other since 8th grade) and have always worked things through and have been closer because of this. His family has all but hshut the both of you out of their lives. They did not want you two to be married so young and their philosophy is that you deserve whatever hard times you encounter. Your blood pressure is much higher than normal for you and you are experiencing stress headaches almost every afternoon.